



WEEKLY

MISSION

Monday, 6 February 2023

Children's Mental Health Week

LET'S CONNECT

When we have healthy connections to God, family, and friends, this can support our mental health. **Let's Connect** is about making connections during Mental Health Week and beyond.

Dear Lord, help us to connect with others in healthy, rewarding, and meaningful ways and may we feel the power, strength, and comfort of your hand as you guide us. Amen.

